

























# Sunshine's Summer 2026 Workshops

	TUESDAY	WEDNESDAY	THURSDAY
<p><b>WEEK ONE</b></p> 	<p>7/7 <b>Friendship</b></p> <p>Guest: Think Wellness- ART Horizons Counseling Center LI Science Center</p> 	<p>7/8</p> <p><b>Port Jeff Movies</b> Popcorn &amp; Drink provided</p> <p>Pack Lunch. Campers may bring extra \$ for Snacks.</p> 	<p>7/9 <b>Communication</b></p> <p>Guest: MAGICIAN: Richard Benninghoff</p>  <p><u>Theme Thursday: ** WACKY TACKY</u></p> <p><b>PARENT SUPPORT GROUP MEETS AT 9AM</b></p>
<p><b>WEEK TWO</b></p> 	<p>7/14 <b>Identifying Feelings</b></p> <p>Guest: Think Wellness- Sound Meditation &amp; Mindfulness &amp; LI STEAM!</p>  	<p>7/15</p> <p><b>CHUCK E CHEESE.</b> Lunch provided</p> 	<p>7/16 <b>Expressing our Feelings</b></p> <p>Guest: Sweet Briar Nature Center</p> <p><u>Theme Thursday:</u> <u>**HOLIDAY CELEBRATIONS</u> <b>PARENT SUPPORT GROUP MEETS AT 9AM</b></p>
<p><b>WEEK THREE</b></p> 	<p>7/21 <b>Self Esteem</b></p>  <p>Guest: Think Wellness- YOGA &amp; Sensei Devin- Third Eye Insight MMA</p>	<p>7/22</p> <p><b>URBAN AIR.</b> Pack lunch or bring money (may bring extra money for snacks)</p> 	<p>7/23 <b>Diversity</b></p>  <p>Guest: Love on a Leash</p> <p><u>Theme Thursday: **HEROS &amp; HELPERS.</u> <b>PARENT SUPPORT GROUP MEETS AT 9AM</b></p>

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	TUESDAY	WEDNESDAY	THURSDAY
<p><b>WEEK FOUR</b></p> 	<p>7/28 Passive/Aggressive/Assertive</p> <p>Guest: Think Wellnes- ART Horizons Counseling Center SBU Basketball</p>  	<p>7/29</p> <p>WHITE POST FARMS. Pack a lunch</p> 	<p>7/30 Perseverance</p> <p>Guest: Agostino Arts Story Telling</p> <p><u>Theme Thursday: **SAFARI ADVENTURE</u></p> <p><b>PARENT SUPPORT GROUP MEETS AT 9AM</b></p>
<p><b>WEEK FIVE</b></p> 	<p>8/4 Dealing with tough emotions</p> <p>Guest: Think Wellness- ART &amp; Dental Smiles for Kids</p> 	<p>8/5 <b>DAVE &amp; BUSTERS.</b> Lunch is provided.</p> 	<p>8/6 Coping Skills</p> <p>Guest: Gallery North Art &amp; Beading Hearts</p> <p><u>Theme Thursday: ** TIME TRAVEL</u></p> <p><b>PARENT SUPPORT GROUP MEETS AT 9AM</b></p>
<p><b>WEEK SIX</b></p> 	<p>8/11 Problem Solving &amp; Decision Making</p> <p>Guest: Think Wellness- YOGA &amp; Melek- Nutrition.</p>  	<p>8/12 <b>LI Aquarium</b> Pack a lunch or bring money</p> 	<p>8/13 Team Building</p> <p>LUAU PARTY! Bounce House Face Painter</p>  <p><b>PARENT SUPPORT GROUP MEETS AT 9AM</b></p>

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