

**“What is the difference between an obstacle and an opportunity? Our attitude toward it. Every opportunity has a difficult, and every difficulty has an opportunity.” – J. Sidlow Baxter**

We know there is a lot of challenges in life. Maybe it's the world's current situation maybe its things you were dealing with before all of this. But even when things seem negative, we must remember to look for the positive. I hope you all can read these questions and come up with some answers.

What are some ways you are handling the obstacles in life?

How do you stay positive?

How do you overcome challenge?

What are some good things that are happening?